

BOOKING DETAILS

Please book online if possible at www.scimednet.org (and click on events), otherwise please complete in block capitals and send to: Scientific and Medical Network, 151 Talgarth Road, London, W14 9DA, Email: info@scimednet.org

Name:

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Please book me:

- Places, £50 each (includes coffee, tea and lunch) - EARLY BIRD RATE
- Places at £60 - STANDARD RATE FROM OCTOBER 1st
- Concessionary Places at £20 (full time students only)

How did you hear about the conference?

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PAYMENT OPTIONS

- Cheque/Bank Draft/Money Order (payable to "Scientific and Medical Network")
- Credit/debit card (VISA or MasterCard)

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Detailed information about the event will be sent with the booking confirmation.

CANCELLATIONS

A fee of £10 will be retained, after 10th November, no refund.

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Transformative Innovations for Health: a gathering of change-makers

Saturday 18th November 2017
University of Westminster, 101 New Cavendish Street,
London, W1W 6XH



The Scientific and
Medical Network

Chaired by
Prof. David Peters
and Dr Peter Fenwick

The neatness of medical science is unravelling. 20th century medicine focused on smaller and smaller parts with astonishing success: triumphant in infections, deficiency diseases, with surgical excisions and transplants, intensive care and anaesthetics. But 21st century medicine is confronting whole person (indeed whole society) problems: chronic degenerative and inflammatory diseases, stress-, environment- and lifestyle-mediated diseases, addictions and psychological disorders. Bio-technical single-solution approaches won't cure them. If, as has been said, the future is already with us but unevenly distributed, where might we find seeds of the new paradigm? *This working conference, jointly hosted by Westminster Centre for Resilience, the Scientific and Medical Network and the British Holistic Medical Association, will bring change-makers together to celebrate the future.*

PROGRAMME

- 9:15 Registration
 9:50 Introductions
 10:00 Dr David Reilly – *Mapping the Human Healing Response: A Foundation for The Fifth Wave of Public and Personal Health*
 11:00 Dr William House, Dr Alyson McGregor, Ed Rosen – *Transforming Community Health*
 11:30 Rev Prof Stephen Wright – *Making Space for Staff Renewal*
 11:45 Coffee
 12:10 Dr Paul Dieppe – *Healing and Therapeutic Transformation*
 12:30 World Cafe
 1:30 Lunch
 2:15 Bill Sharpe – *Change and the Three Horizons Model*
 3.15 Pat Fleming – *Ecotherapy: Reconnecting with the Wild*
 3.30 Sophie Brigstocke, Dr Peter Fenwick, Hermione Elliott, Dr Max Mackay-James – *Transforming Attitudes to Birth and Death and Dying*
 4:15 Tea
 4:45 World Cafe
 5:30 Plenary discussion

KEYNOTE SPEAKERS



DR DAVID REILLY, MRCGP, FRCP, DSc (hon)

I almost left medicine as a fourth year student. An impoverished science was ascendant in a system I found de-humanising and increasingly ineffective in what would later emerge as the pandemics of stress and life-style diseases. In staying, I resolved to change it, at least within myself. Rather than diseases and interventions, my work became centred on people, their capacity for healing change, and the conditions that affected this - within themselves and the surrounding relationships, environments and systems. Such talk was out of step back then, though not with patients – but I found myself immersed in as rich an enquiry into human healing as I dared to imagine as that impassioned younger man. I have been part of change, and now, having left the NHS after 38 years, I am starting afresh.



BILL SHARPE

I am an independent futures practitioner and researcher in science, technology and society. I spent 15 years as a research lab director at Hewlett Packard, where I pioneered new technologies in mobile and pervasive computing. On leaving HP I co-founded a specialist innovation consultancy creating new digital products for international clients and launching two start-ups. Since then I have undertaken a wide range of technology strategy, research and innovation consulting for international clients in the public and commercial sectors. I have edited a collection of the latest scenario-based futures techniques methods from the work of the Oxford Futures Forum's Scenarios for Success. I am the author of *Economies of Life: patterns of health and wealth and Three Horizons: the patterning of hope.*

PANELISTS AND WORKSHOP LEADERS

SOPHIE BRIGSTOCKE - I am a birth and postnatal doula, breastfeeding peer supporter, volunteer on the National Breastfeeding Helpline and baby massage teacher based in SW London. You can find out more at www.sophiebrigstocke.com, and about Nurturing Birth doula courses and mentoring at www.nurturingbirth.co.uk.

DR PAUL DIEPPE - I am a doctor who has had careers in both academic rheumatology and health services research prior to appointment to my present position as Emeritus Professor of health and wellbeing at the University of Exeter Medical School.

HERMIONE ELLIOTT - I established Living Well Dying Well in 2010, aiming to inform and re-empower individuals and communities to make choices and take 'ownership' of death and dying. I developed the End of Life Doula certificated training and currently teach the programme throughout the UK. www.livingwelldyingwell.net

DR PETER FENWICK - Now towards the end of life I can look back and see threads which make up the tapestry of living and dying. I have worked with neuroscience, epilepsy, psychiatry and now, particularly, in the factors required for a growth in consciousness. Is there a path or has it always been like the pathless path leading to the entrance of a Zen temple? Perhaps it is more important to show up and be present for each moment. Then you have a chance.

PAT FLEMING - I live on Dartmoor and currently teach and mentor on the 'Call of the Wild' course at Schumacher College, also working in conservation education and wild connection. I have led groups in deep ecology and 'Work that Reconnects' for over 30 years and co-authored 'Thinking Like a Mountain', a deep ecology reader.

DR WILLIAM HOUSE - In the first half of my GP career I watched and shared people's struggles, joys, loves and miseries - I was awe-struck by my patient's resilience and by their lack of it. In the second half I began to study and understand the limits of medicine and the wonders of nature, and how the latter can inform the former. Website: www.keynshamactionnetwork.co.uk.

DR MAX MACKAY JAMES - I am passionate about growing an ecology of care for our dying, in which we are all able to come home to ourselves. As coordinator for the Diealog project, I support people, living and dying in their local neighbourhoods, to grow their connections and care resources. Diealog blogger www.diealog.co.uk.

DR ALYSON MCGREGOR - After spending many years working very hard in the NHS doing the wrong things well, I was lucky enough to become the Director of Altogether Better and became part of a network of people who helped me to discover what really matters. Working alongside a group of health leaders, doctors, academics, organisational development consultants, social activists and citizens I have learned that almost everything we do depends on other people and that to succeed we need to work as peers, as equals, valuing the contribution of others and working out solutions together.

ED ROSEN - I became involved in learning how to support change in the NHS firstly as education advisor at London Deanery where I led early work on patients as partners in post-graduate medical education. Learning to help the system better understand itself and change effectively and humanely brought me into leadership roles in workforce development, which launched my short-lived career as builder of new national learning systems otherwise known as NHSU where I was Head of Learning and Teaching. The Lambeth GP Food Co-op represents all that I've learnt over more than 20 years in working with communities.

REV PROF STEPHEN WRIGHT FRCN MBE - I currently work as a spiritual director for the Sacred Space Foundation (www.sacredspace.org.uk) offering retreat and renewal facilities in the English Lake District. My most recent books include second editions of *Contemplation and Coming Home* as well as endeavours in poetry and sacred dance.